



TACT NEWSLETTER

BRING & SHARE STARTS AGAIN

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BRING & SHARE DINNER

After the success of last years Autumn 'Bring & Share' dinners we are happy to have the opportunity to start them again.

The Elephant and Camel café in Bowness has kindly offered to host the evenings, which will take place the last Friday of every month starting 28th January 2011 at 6pm. This was a success and we look forward to more people joining us.

For anyone who is new to the occasion you simply

cook a starter, main or pudding dish to bring and share with other attendees. The idea is that we can eat sustainably with emphasis on locally sourced produce. Any ingredients that are home grown, organic, fairly -traded, or exchanged within your local community lend well to the evenings; and after we have enjoyed our dinner we each tell the story of how and why it was made.

A small prize is given to the most interesting story for which donations would be really appreciated for this to continue. Equally



we ask that you make a point of buying a drink to support the Elephant and Camel as they offer the space to us for free. The Moroccan Tea is a special treat and quite delectable.

So please come along: **ELEPHANT & CAMEL CAFÉ**, Bowness. **FRI-DAY 25th February 6pm.**

Important Dates:

- Bring & Share last-Friday in mth. 6pm
- Cumbria Forest Food 7th February
- Power of Community 10th February
- Community Compost 26th February
- Fairtrade Fortnight 27th February
- AGM 3rd March
- Grafting 13th March

Raising TACT Awareness

TACT members will be visiting Booths in Windermere handing out Hippos, (random but true!) to customers entering the store as a way to raise TACT awareness.

As TACT is a relatively new organization it is important for members of the public to become aware of TACT'S activities. TACT work to raise awareness of sustainability issues both locally and

around the county allowing everyone the opportunity to get involved. The date for this will follow and we welcome any support that can be offered.

Cumbria Forest Food Network Meeting



FOREST GARDENS,
PERMACULTURE AND
GROWING IN CUMBRIA

You are warmly invited to a day of permaculture and forest gardening on Monday 7th February. The event is organized by Cumbria Forest Food Network at Newton Rigg campus and with the UK Permaculture Association.

There will be talks and workshops led by **Andy Goldring**, Head of the UK Permaculture Association and **Tomas**

Remiarz who is leading the research for them.

We will also be sharing the results from the Cumbria Forest Food Network questionnaires and discussing where we can work together to enhance the network and our forest gardens.

If you can't make it to this, further meetings and potential site visits are being developed in Spring/Summer 2011.

RSVP

Please let Naomi van der Velden know if you are planning to join us just so we have an idea of interest. Email: naomi.vandervelden@cumbria.ac.uk

**Monday 7th February
2011 10-5pm**

**Newton Rigg campus
Penrith.**

Lets learn to GRAFT.

An event to support the Fruity Windermere project and learn how to graft your own fruit trees is being offered Sunday **13th March** at the **Ladyholme Centre**, starting at **10.30am**. There will be a talk about apples, particularly Cumbrian varieties and then Andy

and Brian who come from South Lakeland Orchard Group will be teaching people how to successfully graft fruit trees. This involves fixing a fruit variety of your choice on to a new rootstock to ensure healthy growth of the right sized plant. It is not difficult and is a cheap and

easy way to create your own fruit trees. Anyone who wishes to participate will need to bring a Stanley knife, carpet knife or sharp penknife; gardening gloves; and carrier bags to take the trees home in. It's **£3 entrance fee** and £6 for anyone wishing to take a tree home.

Grafting

**Sunday 13th March
10.30am—1pm.
Ladyholme Centre**

AGM—3rd March 2011

It's time for TACT's AGM which has been diarized for 3rd March 2011.

All members of TACT community are welcome to attend and share their thoughts about previous and upcoming events around the community.

Anyone who has suggestions for the Agenda please contact Morag, (contact details on back page) and the items for the Agenda will be posted onto the TACT website nearer to the time.

We will be talking about

successes, changes, consolidating new ideas and discussing the coming year.



Community Composting Workshop

The Community Composting workshop is organised by CN Community Composting Network and they would like to invite you along to a forum meeting to find out more about Community Composting. Good compost is essential for good growing and most growers can never get enough, so we'd like to support you in setting up your own Community Composting scheme. There is a lot of material out there that is currently going to waste that could be growing carrots (or

melons, rhubarb or beans) and not everyone can or will home compost.

The forums will be followed up by 2-3 days of free workshops to help you get a really flying start and we will be available to help and support after the workshops too. There is no commitment needed to attend the forum - if you decide it's not for you or not for right now that's fine. Sound too good to be true? well thanks go to WRAP/REalliance for the funding that made this possi-

ble.

The Cumbria Forums take place on Saturday 26th February at Carlisle 10.30am - 12.30pm and Penrith 2.30 - 4.30pm

The Cumbria Workshops take place over a weekend (both days need to be attended to get full training) Saturday & Sunday 12th & 13th March.

Venue [s] to be decided

<http://www.communitycompost.org/>



Power of Community

Film showing: Power of Community, How Cuba survived Peak Oil

The film opens with a short history of Peak Oil, a term for the time in our history when world oil production will reach its all-time peak and begin to decline forever. Cuba, the only country that

has faced such a crisis – the massive reduction of fossil fuels – is an example of options and hope.

Venue: Ladyholme Center, Lake Road, between Windermere & Bowness. 10th February. 7pm start, suggested donation of £2-£5 to cover costs, teas & coffees

included.

Bookings, confirmation and further details on info@tact-windermere.co.uk or contact Debbie on 015394 88261

Power of Community.

How Cuba survived Peak Oil.

**Ladyholme Centre 7pm
10th February 2011**

CAR CLUB

WINDERMERE TACT is looking towards setting up a pay-as-you-drive car club, and is looking for people willing to share their car to save money.

If you lease your car to the Car Club, you get:

- Free tax, insurance, repairs and maintenance
- 40 hours free usage per month, carried over if not used
- Car parked less than 1km away - possibly at your own home
- You will be paid 25% of any hourly usage revenue generated

in excess of £2000
A Car Club works by people joining and paying a membership fee and then using Club cars on an hourly basis. The cars can be booked by phone or on the internet. Car Clubs are popular as they save you money and reduce pressure on parking space. Kendal and Staveley are also looking at setting up similar schemes. Cars will be fitted with equipment to link in with a computerised booking system. The Windermere Car Club needs people who are willing to lease a

car to our system – could that be you?

If you are interested in the idea, please complete the form attached to the newsletter, or download the form from the TACT website, look in your next copy of the HUB or ask at SLDT office and drop it off at Windermere Library, or South Lakes Development Trust office, Langstone House, Broad Street LA23 2AB (next to the Council Chamber).



Can you share your car and make it greener?

TACT-Towards a Community Transition

Morag Leiper:
07727 000608
Debbie Binch:
015394 88261

Email: info@tact-windermere.co.uk

Windermere
Bowness-on-Windermere
Troutbeck Bridge

www.tact-windermere.co.uk

Towards a Community Transition



TACT

TACT—Towards a Community Transition in Windermere, Bowness-on-Windermere and Troutbeck Bridge was formed in February 2010 as a response to a group of community members wanting to work more with sustainability issues & green awareness in the immediate area.

The intention was—and is – to create and work with local groups already doing this work to raise more awareness, opportunities and resources for the public to “get involved” - doing things in ways that are practical, ethical and fun-filled. At the same time to inspire others, support further transition projects—and basically keep working towards a vision of a resilient sustainable future.

Working with the Town Council, and supported by SLACC, amongst others, TACT has been working to create these events throughout the year, with a long term vision that extends into 2011, and beyond.

Fair Trade Fortnight 2011



Fairtrade Fortnight commencing February 27th 2011

® **Fairtrade Fortnight 2011** starts **27th February** and gives us a chance to ‘Show off our labels’ and shout about buying and using fair-trade products.

As written on the fair-trade website, ‘We want to load the FAIRTRADE Mark with meaning, telling them the tangible difference Fairtrade makes to producers.’ The site suggests a focus on cotton, making links to the fashion industry and ‘This year, let’s go further and explain why Fairtrade matters. By showing off the importance of Fairtrade to producers, the benefits of the Fairtrade

premium for local communities and the change Fairtrade brings, we’re giving more people in the UK more reasons to choose Fairtrade.’

In our local community we can become a part of this too by shopping for Fairtrade produce and when we receive guests how about we present them with fair-trade wine and cake! We are a fortunate community in that we have good shops that sell fair-trade produce, such as; Booths, Cooperative, Manuka and many others in Windermere and Bowness. Why not make a fair-trade dinner for the ‘Bring & Share’ weeks too.

On 1st March Millerground Cottage is hosting a Fairtrade Coffee morning from **10am**. Bring along knitting and/or crochet and let’s discuss what else we can do to the following week.

Take a look at the website if you would like to get more involved.

http://www.fairtrade.org.uk/show_off_your_label/